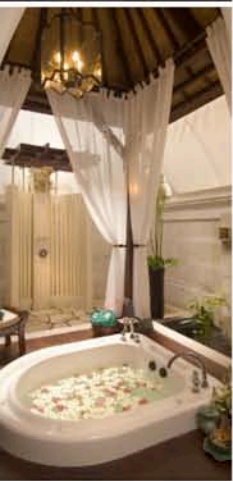
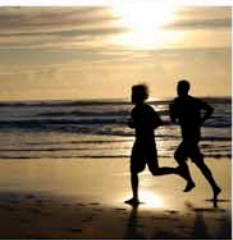


*Bodibreak© BALI*

*www.lifesagym.com*



# *The Rockstar Treatment*

## *It doesn't get much better than this!*

The 5\* Laguna Luxury Collection Resort and Spa Nusa Dua. Bali- your oasis after a day of surfing, yoga, SUP, tennis, chef's kitchen, Bootcamp on the Beach© or an early morning Wake up Workout©.

Just a few of the activities included in your tailor made Bodibreak© - with enough time to relax pool side or be inspired to try something new.

VIP service from start to finish. Enjoy our concierge at Bali airport for fast processing, preferred check in and a welcome spa treatment upon arrival.

Pre travel intakes ensure we understand your goals, work and home life - creating your 5 day program with activities you will continue from food to fitness. Our elite team guide you through the tips and tools that get results - and fit seamlessly within your life.

EXCELLENCE      EXPERIENCE      ENJOYMENT

You don't have to be a celebrity to know how to treat your body to the best food and exercise - we'll show you how to achieve and maintain your personal best in a stunning location, with renowned Balinese hospitality.

Welcome to Feeling Fantastic!  
[WWW.LIFESAGYM.COM](http://WWW.LIFESAGYM.COM)

Looking for a long weekend or something closer to home - check our dates for Noosa and Fiji.

Private group and corporate bookings available.  
 Surcharge applies for groups of 4 or less.  
 Full details, dates and rates available on our website.

For Bookings and Enquiries  
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 Telephone +61428198911

